

# GLASCOCK COUNTY SCHOOL SYSTEM'S WELLNESS POLICY EVALUATION

Updated on April 27<sup>th</sup>, 2021

Policy Review Date: April 27<sup>th</sup>, 2021

Policy Reviewer: Betty Morrison

Superintendent's Designee:  
School Nutrition Director

| Rating <b>3 = Always Meet</b> Rating <b>2 = Sometimes Meets</b> Rating <b>1 = Does Not Meet</b>                      |  |        |                          |
|--|--|--------|--------------------------|
| <b>*Note:</b> All "1" ratings must include a plan of action/resources to improve rating in the upcoming school year. |  |        |                          |
| Procedure #1   | Nutrition Promotion Education  | Rating | Plan of Action/Resources |
| I.   | Provide nutrition education and/ or promotion within the school district such as bulletin boards, nutrition education materials        | 3      |                          |
| II.  | Provide nutrition education in applicable classrooms   | 3      |                          |
| III.   | Programs or opportunities (taste testing panels, National School Lunch and Breakfasts Weeks) are available to students and / or staff. | 3      |                          |
|  |  |        |                          |
| Procedure #2   | Physical Education & Activity  |        |                          |
| I.   | Addresses weekly the physical education of children  | 3      |                          |
| II.  | Physical activity restriction is not used as a punishment.   | 3      |                          |
| III.   | Physical Activity recess is offered daily at GCCS  | 3      |                          |
| IV.  | Physical education is group focused and student centered.  | 3      |                          |

|                     |  |   |  |
|---------------------|--|---|--|
| V.                  | Programs or opportunities are available to staff (e.g., Field day, etc...).  | 3 |  |
| VI.                 | Staff is present and monitors physical activity.   | 3 |  |
| <b>Procedure#3</b>  | <b>Other School-Based Activities</b>   |   |  |
| I.                  | Will begin promoting No Cost Breakfast on our School website targeting increase breakfast participation  | 3 |  |
| <b>Procedure #4</b> | <b>Food &amp; Beverages Sold in Vending Machines on Campus</b>   |   |  |
| I.                  | All food and beverages sold in school vending will follow guidelines of the Competitive Foods Policy/Smart Snack guidelines established by the USDA. | 3 |  |
| <b>Procedure #5</b> | <b>Nutrition Guidelines</b>  |   |  |
|                     | Offer all meals that meet school nutrition guidelines and are evaluated by Six Cents Certification tools.  | 3 |  |
|                     | <b>Water Access</b>  |   |  |
|                     | Free, safe, unflavored drinking water will be available to all students during mealtimes where school meals are served.                              | 3 | Due to COVID 19 guidelines all students will have access to free drinking. The school will be offering bottled water to any student who needs water throughout the entire day. |
| <b>Procedure #6</b> | <b>Measuring Implementation of the Wellness Policy</b>   |   |  |
| I.                  | An annual review of the policy was completed   | 3 |  |
| II.                 | The results of the evaluation were given to the Principals to be given to the Superintendent   | 3 |  |

|    |  |           |  |
|----|--|-----------|--|
|    | <b>Overall Policy</b>  | 45        |  |
| I. | <b>Excellent= 40-48</b><br><b>Good = 34-39</b><br><b>Fair = 27-33</b><br><b>Bad &lt;26</b> | Excellent |  |